

**New Mexico Pain Summit 2006  
October 27, 2006  
Pain Action Plan**

**NM State Pain Advisory Council  
End of Year 2006  
Recommendations to Governor Richardson**

1. Request funding for development, production and distribution of public service announcements to focus on effective pain management from the consumer point of view.
2. Website – [www.nm-nopain.org](http://www.nm-nopain.org)

Collaborate with the New Mexico Pain Initiative, New Mexico Association for Home and Hospice Care and the New Mexico Medical Review Association to develop one website to address pain management issues and educational needs of the citizens of NM be they consumers or health care professionals. This site would also be a resource for pain related information.

Planning committee:

Nancy Wertz – NMPI/NMAHHC  
Walter Forman, MD – NMPI  
Woodrow Storey – Board of Pharmacy/State Pain Advisory Council  
Jenny Felmley – Board of Medicine/State Pain Advisory Council  
Allison Kozelski – Board of Nursing/State Pain Advisory Council  
Sheila Conneen – New Mexico Medical Review Association  
Dee Watkins – League of Women Voters

Our goal is to have the website up and running by March 2007. All participants of the Pain Summit were asked to send their ideas to Nancy Wertz for the website.

3. Legislative Issues
  - A. Address the need for pain and end of life education by establishing an interdisciplinary pain/palliative care program and clinic at UNMHSC.
  - B. Mandate that pain and palliative care are essential parts of the curriculums for undergraduate and graduate health care professionals in all state sponsored schools in New Mexico.
  - (C. Mandatory pain CME/CEU for licensing health care professionals will not be addressed during this legislative session.)

4. Development of a pain management analysis system modeled after “New Mexico Health Care Takes on Diabetes”. “New Mexico Health Care Take on Diabetes” is a coalition of 25 health care organizations that joined forces in 1999 to reduce the negative health effects associated with diabetes among the citizens of New Mexico. Activities focus on provider and consumer education, prevention, early diagnosis, and appropriate treatment of people with diabetes.
5. Encourage support by all health care professional boards to sign on to the Joint Pain Statement already signed by the NM Medical Board, New Mexico Board of Nursing, New Mexico Board of Pharmacy and the NM Osteopathic Board.

**Recommendations  
Board of Pharmacy**

Recommend update of the Board of Pharmacy Practitioner’s Manual to include more extensive pain management guidelines. This update will be done by Larry Loring, RPh with the assistance of the pharmacy students assigned to the BOP. Completion date to be discussed.

**Recommendations  
Board of Pharmacy  
Board of Medicine  
Board of Nursing**

Each respective Board will incorporate pain knowledge questions into their license renewal application process beginning with their next renewal cycle in June/July 2007. The information will be used to begin to evaluate the knowledge base of HCPs across the state and help the respective boards to determine educational needs of their licensees. Representatives from all boards and NMPI will meet to develop questions to be asked.

**Recommendations  
New Mexico Pain Initiative**

1. Work with DOH to recommend clauses for all DOH facilities to include pain management guidelines in their regulations. These facilities will include home care, hospice, nursing home, assisted living and residential care.
2. Work with Board of Pharmacy to incorporate pain knowledge questions into the Controlled Substance licensing application. This will be completed by July, 2007. Will work with BOP to notify BOM and BON that this is going to happen.

3. Assist BON, BOM, BOP to develop pain knowledge questions for renewal licensing application for 2007.
4. Collaborate with the New Mexico Association for Home and Hospice Care and the New Mexico League of Women Voters to expand the “Power Over Pain” campaign throughout the State of New Mexico.
5. Collaborate with the LWV to have Governor declare September as “Pain Awareness Month” in New Mexico.

**Recommendations  
League of Women Voters**

1. LWV Pain Policy Committee will gain support from members to be active in the Power Over Pain Campaign throughout NM. Dee Watkins will present to committee next meeting.
2. Collaborate with NMPI to have Governor Richardson declare September 2007 as “Pain Awareness Month”.

**PAIN SUMMIT REVISITED  
Friday, April 27, 2007  
9:00 am – 12N  
Indian Pueblo Cultural Center**

This meeting will be held to discuss the progress made by the different groups on the NM Pain Action Plan as described above. All participants in Pain Summit 2006 will be invited to attend.